



THE ROTARY CLUB OF HARROGATE

in association with

VERITY FREARSON



NIDDERDALE CHARITY EVENT

TERMS AND CONDITIONS

2024

"The event" - includes any of the different walks/runs comprising the Nidderdale Event.

The Rotary Club of Harrogate includes the Committee and "the organiser" means either or both.

Registration

Applications to participate should be made online at www.nidderdalewalk.com no later than Thursday 16th May 2024. After that but before the day, you can use the Contact form on the website to say how many will be entering, how far you will be walking and which charity you will be supporting.

ALL participants must complete the registration form found at the end of this document and bring it with them on the day.

Children under the age of 16 must have the consent of a parent or guardian who must also sign their agreement at the end of this form.

No entrant will be registered unless full contact details in case of emergency have been completed on the registration form.

Refunds

The event is for charity so no entry fee will be refunded unless the whole event is cancelled by the Committee as happened in 2020.

Safety

The Rotary Club of Harrogate will use its best endeavors to ensure that the event is safe for all participants but each participant must also take reasonable precautions to ensure their own safety. This would include, but is not limited to:

- Wearing suitable footwear and clothing for the anticipated conditions
- Following the rules of the Highway Code and the Countryside Code insofar as they apply to pedestrians
- Following the instructions of the event organisers and of marshals along the route -
 - Behaving in a sensible and responsible manner
 - Not doing anything that might endanger the health, safety or wellbeing of any person including themselves, other participants, and
 - Not consuming alcohol immediately before or during the event.
- Carrying a map of the route. A map for each route can be downloaded from the website. Maps are not provided on the day.

In registering for or taking part in the event you acknowledge that you do so at your own risk and that conditions may occur which give rise to risks that are unforeseen and / beyond the control of the Committee.

The Scout Hall registration point and checkpoints will be COVID compliant.

Liability

The Rotary Club of Harrogate accepts no liability before after or during the event for damage to or loss of any property belonging to, or brought to the event by, any participant. The Rotary Club of Harrogate accepts no liability for any injury to any participant except where the injury is directly caused by the negligence of The Rotary Club of Harrogate.

Disqualification

The Committee reserves the right to disqualify from the event any participant who appears not to be fit to take part or who acts in a manner which the Committee considers to be a breach of these conditions and/or may adversely affect the reputation of The Rotary Club of Harrogate.

Health and Fitness

All participants must satisfy themselves, if necessary, by taking medical advice, that they are in sufficiently good health and physically able to undertake the route which they have chosen.

Any prospective participant who has a disability must ensure both that they are fit to participate in their chosen walk and that they have support arranged to accompany or otherwise support them on the relevant route before registering for the event.

Sponsorship

The event will be organised, certified and marshalled to a level appropriate for sponsors of participants to be able to be satisfied that the event is appropriate for sponsorship.

The entry fee will be applied both for facilities required for the event and for local charities supported by The Rotary Club of Harrogate.

Publicity

The Organisers may arrange for the local press to attend the event and they may choose to take photographs. The Organisers may also take photographs that it may use for publicity in connection with future events or to publicise the activities of the Rotary Club of Harrogate.

Images of children under 16 will not be taken or used if it can be avoided.

Data Protection

By registering for the event, you are authorizing The Rotary Club of Harrogate to process the information you have given on the form for the purpose of the event under the Data Protection Act 1998. The information will be retained until all administration for the event has been completed. It will not be passed on to any other organization.

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INFORMATION SHEET

In 2024, Pateley Bridge will be the focal point for the Nidderdale Walk, with four long distance walks and two shorter walks that are suitable for families.

The Control Centre is in the Scout Hall at Pateley Bridge. This is on the east side of the River Nidd, just a few hundred yards north of the bridge at the bottom of Main Street. It is close to the Millennium Bridge across the river and can best be accessed from the recommended car park (see below).

SPONSORSHIP

All sponsorship monies raised by entrants are for their own Charities. To date, well over £970,000 has been raised in this way.

THE ROUTES

The routes are mainly following the established NIDDERDALE WAY.

There are six routes to choose from, each starting and finishing at the Control Centre in the Scout Hall, Pateley Bridge.

- 26 miles: around Scar House reservoir and return
- 22 miles: to Scar House reservoir dam and return
- 18 miles: to Lofthouse, Fountains Earth Moor and return
- 15 miles: to Lofthouse and return
- 8 miles: to Bouthwaite/Ramsgill and return
- 4 miles: to Wath and return

REFRESHMENTS

Light refreshments (hot and cold drinks and biscuits) will be available at Lofthouse checkpoint. Cold drinks and biscuits will be available at the Bouthwaite checkpoint. Water will be available at Scar House dam. Refreshments will be available at the completion of the walks. All checkpoints will be COVID compliant.

TOILETS

Toilets will be available at the Scout Hall, at Lofthouse and at Ramsgill (behind the village hall opposite the Yorke Arms).

PARKING

DO NOT USE THE CAR PARK AT THE SHOWGROUND.

There is a large car park near the Scout Hall accessed by crossing the river at the bottom of the High Street and turning right (north) on the Low Wath Road. The entrance is just past the caravan park. There will be a charge, but the owners have said they will give a donation to Rotary. Walk across the bridge and turn right to reach the Scout Hall.

REGISTER ON ARRIVAL

Participants must register at the Control Centre on arrival. Registration starts at 7.00 am. The registration point will be COVID compliant.

LATEST STARTING TIMES from Pateley Bridge Scout Hall

- **22 and 26 mile routes** (Scar House) 8.00am
- **18 mile route** (Fountains Earth Moor) 9.00am
- **15 mile route** (Lofthouse) 11.00am
- **8 mile route** (Bouthwaite) 12.00pm
- **4 mile route** (Wath) 2.00pm

IT IS RECOMMENDED THAT ONLY STRONG WALKERS SHOULD ATTEMPT THE 18, 22 and 26 MILE ROUTES.

Young persons should bear in mind that a shorter walk can yield as much in sponsorship as a longer walk and can be equally enjoyable.

EVENT CLOSE DOWN

The whole organization will close down at 6.00 pm. All participants must plan to finish by this time.

BOOKING OUT AT THE END OF THE EVENT

Every participant **must** book out at the Control Centre when he or she has finished. If leaving en route, participants **must** report to the nearest checkpoint or the Control Centre (This is a safety requirement to ensure that all participants are accounted for).

DOGS

In the interests of farmers on whose land you will walk, **NO DOGS CAN BE ALLOWED**. Please observe The Countryside Code and walk on the marked tracks.

PUSHCHAIRS / PRAMS

Please note we do not recommend the use of pushchairs or prams because of stiles and of the uneven and grassy surfaces of the country pathways.

CLOTHING

All participants should wear appropriate footwear and clothing and carry suitable waterproofs.

YOUNG PERSONS

All Young Persons aged 15 years and under **MUST BE ACCOMPANIED BY AN ADULT**.

MEDICAL COVER

Medical cover will be provided. An emergency telephone number will be provided on the day of the walk.

Raynet will be providing a monitoring service at each checkpoint to ensure that the participant's registration numbers are logged at checkpoints.

ENTRY FEES

4 Mile Route Walkers

ADULT: **£5.00.**

CHILD 6 -15 years: **£2.00** Child under 6 FREE.

FAMILY : £10.00 (2 Adults with 1 or more children or 1 adult with 3 or more children)

8, 15, 18, 22 & 26 Mile Route Walkers

ADULT: **£10.00.**

CHILD 6 -15 years: **£4.00** Child under 6 FREE.

FAMILY (2 Adults with 1 or more children or 1 adult with 3 or more children) **£20.00**

All Runners

£10.00

TO ENTER

Entry is through the website: <http://www.nidderdalewalk.com>.

Secure payment is made using credit/debit card or PayPal.

OR

Entry is by emailing a completed Registration Form to nidderdalewalk@gmail.com for each person taking part. Payment can be made at Registration on the day.

Every participant must bring a completed Registration form on the day.

CLOSING DATE FOR ENTRIES

Entries, on line, should be made as early as possible, but **the final closing date is Thursday 16th May 2024**. After that date, entry can be paid for at the Scout Hall.

CERTIFICATES

On completion of the event, each participant will receive a signed certificate authenticating the distance walked/run.

For further information

ENQUIRIES

See our Web Site: www.nidderdalewalk.com

or Email: nidderdalewalk@gmail.com

Telephone enquiries ring

Brian Stuttard on 07808094707



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NIDDERDALE CHARITY WALK 19th May 2024
REGISTRATION FORM

Please complete one form for each person in your party and bring to Registration on the day of the Event.

Please write your name in CAPITAL letters (for your certificate).

Name in CAPITALS : _____

Address : _____

Email : _____

Phone No. : _____ Car Registration : _____

Charity : _____

Amount You Expect to Raise. For a Group, one person write the group amount.
 Please write your best estimate: _____

(Phone number and car registration is to assist in tracing you if you fail to book out after the walk and we have to assume you are lost.)

Intended Distance and Run/Walk (Please tick one of each)

26 Miles 22 Miles 18 Miles 15 Miles 8 Miles 4 Miles
 Run Walk

Please tell us how you heard about the Event: (please tick one only)

Taken part before Friends Through charity Verity Frearson
 Roadside Internet/Social Media Newspaper

Data Protection

By registering for the event whether on line or otherwise you are authorising The Rotary Club of Harrogate to process the information you have given on the form for the purpose of the event under the Data Protection Act 1998. By clicking here, you authorize us to notify you by email of the 2025 event.
 The information will not be retained once all administration for these events has been completed.

Your Agreement I have completed the application form and read and agree to the terms and conditions set out in the Terms and Conditions leaflet

Signed

Dated.....

Please bring this signed form with you on the day of the Event and hand in at the Registration Desk.

For Official Use Miles _____ Run / Walk Participant Number _____